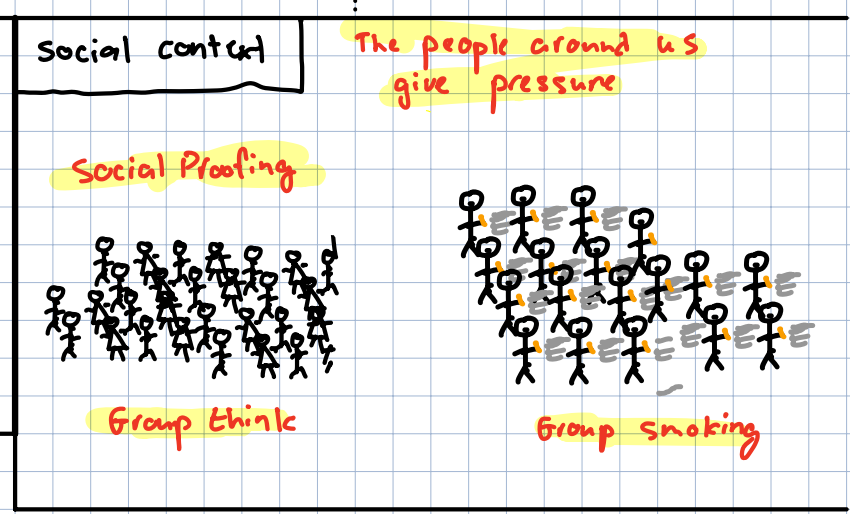
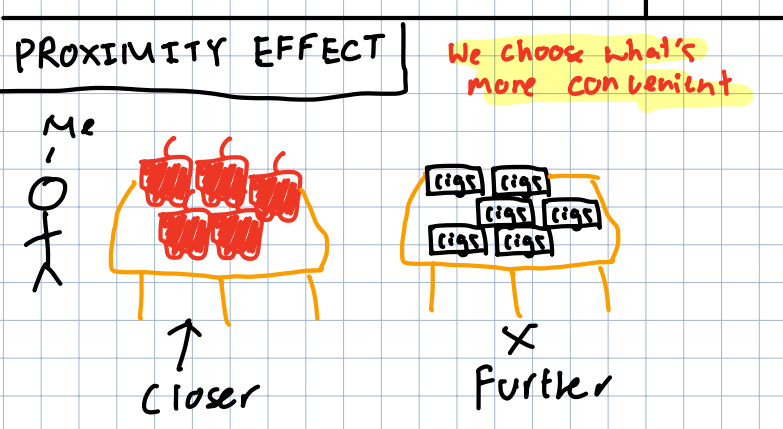
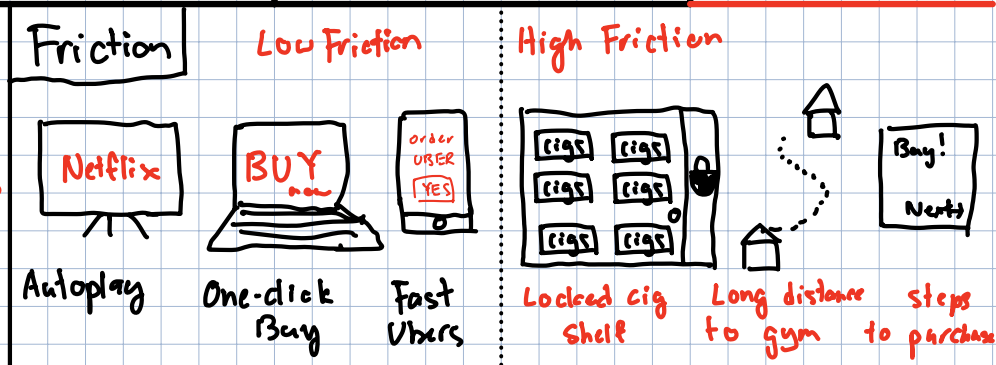
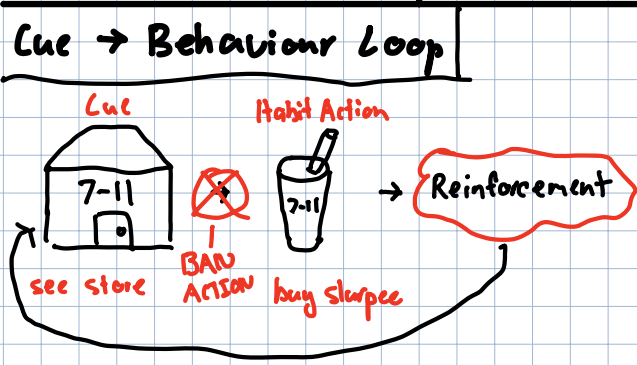
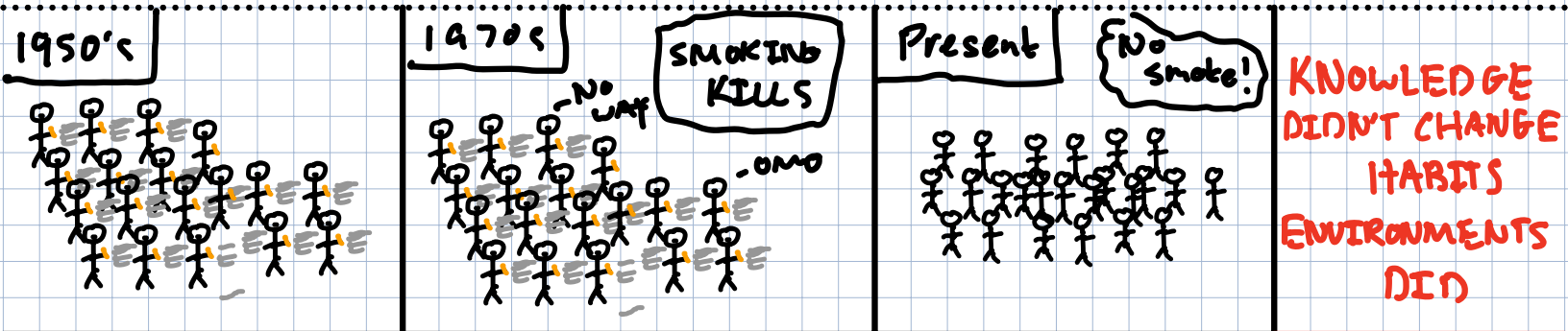


# Context Drives HABITS

BEHAVIOUR = PERSON + ENVIRONMENT



TO CHANGE HABITS:  
CHANGE THE ENVIRONMENT, NOT JUST MOTIVATION